



OCT/NOV NEWSLETTER

LOCAL PROGRAMS

MENTAL HEALTH WEEK
DORSET
YOUTH & FAM
FEST

TUESDAY OCTOBER 7TH
11AM - 2PM

Learn To Skate Workshop
Hosted by Drop in Skate School (BYO Helmet)

- Activities • Music • Food
- Youth Workers • Stalls

BRIDPORT SKATE PARK

CONTACT
JACK - 0473 078 759 OR
DORSET HOUSE - 0474 100 219

Seniors Week 2025

Eating with Friends Community Lunch

SUPPORTED BY DORSET COMMUNITY HOUSE
AND DORSET COUNCIL

A Two-Course Lunch Free of Charge
(Bookings Essential)

Where: Northbourne Hall, Scottsdale
When: Friday, October 10th
12 noon - 2 pm

To Book Call Pat on
0457 162 887



Veggie SALES



THE GARDEN AND VEGGIE SALES

Potatoes - \$2 per 1 KG bag

Onions - \$2 per Bag

Swedes - \$2 per Bag

Carrots - \$2 per bag

Beetroot - \$2 per Bag

Other Assorted produce is priced as harvested.



Heart

Walking Groups

HEART WALKING GROUPS

We are proud partners of the Dorset Heart Walking groups.

- Groups in Scottsdale include: Scottsdale Strutters - Tuesday 9.30am, Hedley Street Carpark (Peter - 0419 119 608)
- Awesome Dorset Walkers - Thursday 9.30am, House Paddock Cafe (Mae - 0407 533 618)

For more information see the [Heart Walker Website](#) or ring us on 63522765.

LINE DANCING AT LEGERWOOD HALL



LINE DANCING AT LEGERWOOD HALL TAKING A BREAK UNTIL TERM 4

Community Lending for Tasmanians

Call 1300 301 650



Essentials Loans

No Interest

No Fees

No Credit checks



Loans for essential items and services including:

- ▶ Car repairs
- ▶ New fridges
- ▶ Computers
- ▶ Medical and dental services

CHILDREN'S WEEK PARTY

10.30AM – 12NOON

WEDNESDAY OCTOBER 22ND

DORSET COMMUNITY HOUSE

AGES 0-5

JOIN US FOR FUN
AND GAMES AS WE
CELEBRATE
CHILDREN'S WEEK!

Come along to do some planting in
our garden and take home a small
plant!



0474 100 219 - ADMIN@DORSETHOUSE.ORG.AU

MENTAL HEALTH WEEK



FAMILY FUN DAY

TUESDAY OCTOBER 14th

3:00PM-6:00PM

SCOTTSDALE RECREATION GROUND

EVERYTHING IS FREE

TEPHENS ATKIN MUSIC

LYNDENS LASER TAG

Bags

Badges

Sow a seed

MR GIDEON

BISCUITS

FRUIT SALAD

LINE DANCING

Painted Nails

Thank you to our sponsors: Mental Health Tasmania, Better Health 4 Dorset, Dorset Council, Dorset Christian Leaders Network, Scottsdale Rotary Club, Teen Challenge, Dorset Community House, Dorset Line Dancers, Cottage Bakery, Scottsdale Lions Club, Gideons Bible and Stephen

OCTOBER 2025 IN DORSET

MENTAL HEALTH WEEK

OCT 6TH – 12TH

Tues 7th
11am - 2pm
Youth & Family Fest
Bridport Green
Bright Dorset /
Dorset House

Wed 8th 6pm
'Just a Farmer'
Screening
Mechanic's Hall
DPSN / BH4D

Fri 10th 12-2pm
Senior's Week
Lunch
Northbourne Hall
Eating with Friends
/ Dorset House

Fri 10th 6:30pm
'Take Some Time'
Trivia Night
Scottsdale
Football Clubrooms
DPSN

Sun 12th 10:30am
Combined Church
Service
St Andrew's
Dorset Combined
Churches

SENIORS WEEK

OCT 13TH – 19TH

Mon 13th
Wills and Related
Matters
Scottsdale Library
LCLC

Tues 14th
10am – 2pm
Independent
Living Expo
Northbourne

Tues 14th
3pm – 6pm
Family Fun Day,
Nugget Sellers
Dorset Christian
Leaders Network

Wed 15th 11am
'Food For Thought'
Consumer Rights
Scottsdale Library

Wed 15th 11am
Author Talk -
Rhonda McCoy
Scottsdale
Library

CHILDREN'S WEEK

ONLINE WEEK &

2610 WEEK

OCT 20TH – 26TH

Mon 20th - Fri 24th
Literacy Support
Scottsdale Library

Tues 21st
Get Online with
Tas Libraries

Tues 21st 3pm
Protecting
Information
Online
Tas Libraries

Wed 22nd
10.30am - 12pm
Polliwog Playgroup
Party
Dorset House

Thurs 23rd
11am
Managing Emails
Safely
Tas Libraries
Be Connected

Sat 25th 8:30am
Ruby's
Marathon
Scottsdale
Recreation
Ground

DORSET COMMUNITY HOUSE

OUT AND ABOUT KITCHEN KREW

COOK GOOD FOOD, HAVE FUN AND HANG
OUT WITH YOUR FRIENDS

GRADE 7-10

WINNALEAH HALL

3:15PM - 5PM THURSDAYS

TERM 4 OF 2025

OCTOBER 23RD - DECEMBER 11TH

Bookings required for transport

CONTACT FIONA FOR INFO

youth@dorsethouse.org.au

0473 078 759



DORSET YOUNG LEADERS

3 PM - 4:30 PM TUESDAYS

OCTOBER 21ST - DECEMBER 2ND

DORSET COMMUNITY HOUSE
3 CAMERON STREET, SCOTTS DALE

AGES 12-18

SUPPORTED BY
YOUTH WORKERS

STAND UP AND MAKE A DIFFERENCE!

BECOME A DORSET YOUNG LEADER AND HELP BRING
POSITIVE CHANGE TO YOUR COMMUNITY

CONTACT
YOUTH@DORSETHOUSE.ORG.AU
0473 078 759



ACEN | Australia



ACEN | Australia



Dorset Community
House



Dorset Community
House



OUTREACH PIONEER

WEDNESDAY

Pioneer Town Hall
First Wed of Month
10am - 3pm
4th June
2nd July
6th August
3rd September
1st October
5th November
3rd December

- ✓ Support and information
- ✓ Events and Training
- ✓ Community Support
- ✓ No Interest Loans
- ✓ Connection to Services
- ✓ Fresh Fruit and Vegetables

LOOK FOR THE
SIGN OUTSIDE

Contact Fiona (Tues - Thurs)
fiona@dorsethouse.org.au
0455 242 405

Contact Dorset House
0474 100 219

Updates on Facebook!



OUTREACH GLADSTONE & PIONEER

WEDNESDAY

Gladstone Town Hall
Wed 10am - 3pm
Except first Wed of Month
Pioneer Town Hall
First Wed of Month
10am - 3pm

- ✓ Support and information
- ✓ Events and Training
- ✓ Community Support
- ✓ No Interest Loans
- ✓ Connection to Services

Updates on Facebook!

THURSDAY

Gladstone Town Hall
Thurs 1pm - 2pm

- ✓ Fresh Fruit and Vegetables

LOOK FOR THE
SIGN OUTSIDE

Contact Fiona (Tues - Thurs)
fiona@dorsethouse.org.au
0455 242 405

Contact Dorset House
0474 100 219



PRODUCE SHARE

Got excess produce?

An abundance of apples? A zillion zucchinis? Cartons of Capsicum?

Come in and share it with the community.

**9am-4pm Weekdays
Dorset Community House**



FOR MORE INFO CONTACT 0474100219 OR
ADMIN@DORSETHOUSE.ORG.AU



Eating
With
Friends™

2025 Dates



March 14th - Gladstone Pub

April 11th - Community Hub, Ringarooma

May 9th - Anabel's Thai Scottsdale

Jun 13th - Good Ride Cafe

Jul 11th - Lord's Hotel (Scottsdale)

Aug 15th - Bridport

Sept 12th - George Town - Senior's Menu

Oct 17th - Northbourne (Seniors Week)

Nov 14th - Northbourne Christmas

Call Pat Young to book: 0457 162 887



GARDEN VOLUNTEERS NEEDED

Dorset Community House is looking for volunteers to join our team of gardeners in the community garden. As a volunteer you will grow fruit and vegetables for our community, learn about plant care and be part of seasonal projects.

New gardeners and experienced gardeners welcome!

*Great volunteer opportunity
for newly retired*

*Possible activities for home
school families*

For more information drop in to see
Mark at Dorset House, 3 Cameron Street
or phone us on 0474 100 219



SEED LIBRARY



Join The Team!



**2.30PM
EVERY 3RD THURSDAY OF
THE MONTH
DORSET COMMUNITY HOUSE**

Volunteers are needed to
help restock the seed
library, package seeds and
other tasks.

For more information call the House on
0474 100 219



POLLIWOG PLAYGROUP

WEDNESDAY
10:30 AM - 12:00 MIDDAY
DURING SCHOOL TERMS

AGES 0-5
FUN AND FREE PLAYGROUP FOR
EVERYONE. PLAY BASED, GAMES, CRAFT,
STORIES AND MORE!

0474 100 219

CALL US FOR MORE INFORMATION



DORSET COMMUNITY HOUSE
3 CAMERON STREET SCOTTSDALE



PlayConnect+



Dorset



Would you like to join the fun & connect with parents & families in your community.

PlayConnect+ is open to all children aged 0-6 years who have a disability and/or developmental concerns & their families.

A formal diagnosis is not required.

For more information or to register your interest, contact
rebecca.hughes@playgrouptas.org.au or join our Facebook group.
<https://www.facebook.com/groups/815081073797289/>

Contact admin@playgrouptas.org.au
or 6331 6599 for more information



PLAYGROUP
TASMANIA

BABY CHAT CAFE DORSET

1000 DAYS OF CONNECTION



**Interested in meeting other
parents/carers?**

**Or hearing more about how you can
support your baby to thrive and grow?**

Babies under 2 years and their
parents/carers

Morning Tea Provided

Siblings Welcome

Dorset Community House,
Scottsdale

MONDAYS

May 5th - June 23rd

July 28th - Sept 15th

October 20th - December 1st

Dorset Community House

0474 100 219



Wellways Information Session



**Learn about
Wellways and
what we can do
for you!**

Hi, Im Yvonne! I work at Wellways in a dual role as both a Connect & Empower Worker and a Mental Health Recovery Worker. Come along this Friday (and other Fridays listed below) to learn more about Wellways and the Programs we offer. I look forward to meeting with you!

When and Where:
Dorset Neighbourhood House
3 Cameron Street, Scottsdale

RSVP and additional info:
10am - 3pm on the below Fridays:
June - 6th & 20th, July - 4th & 18th, August - 1st

wellways

wellways.org | 1300 111 400

DONATION GUIDE

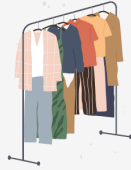


Do

Dont



**Food
(Unopened)**



Clothes



**Money or
Gift Cards**



**Baby Safety
Items**



**Women, Baby
and Adult
Sanitary Items**



Plastic Lids



**New
Toiletries**



**Electrical
Appliances**



**New Mobile
Phones**



Medical Items

CALL 0474 100 219, DONATIONS 9AM-4PM ONLY



DRIVER VOLUNTEERS NEEDED

Dorset Community House is looking for volunteers to join a team of drivers for our community transport service. As a volunteer you will pick up community members and drive them to non-urgent medical appointments and social connection activities.

Requirements:

Over 25 years old
Full Driver's Licence

*Support the local
community!*

Meet new people

For more information drop in to see
Mark at Dorset House, 3 Cameron Street
or phone us on 0474 100 219



Dorset Carers Group

Come along and join us - a friendly confidential space
where you can talk and feel supported.



Find connections
and form
friendships



Learn about
community
services



Help for you to
take a break and
find connection



Share your
experiences and
gain practical
knowledge



Emotional and
educational
support



Meets first Tuesday
every month



Dorset
Neighborhood
House



12 - 1:30 p.m.



RSVP:
psg@care2serve.com.au

Eligibility - Must be registered with Carer Gateway



FOOD SUPPORT AND ASSISTANCE

FRESH FRUIT &
VEGETABLES

AVAILABLE TO THE WHOLE
COMMUNITY

**WEDNESDAY
FROM 1PM**

**AT DORSET COMMUNITY
HOUSE**

IN PARTNERSHIP WITH LOAVES AND FISHES TASMANIA

VISITING PROVIDERS

Anglicare Financial Counselling

Providing counseling and information for debt, consumer rights and responsibilities, superannuation, bankruptcy, referral to legal aid, money management and budgeting.
Availability: At the House on the second Thursday of every month. Call 1800 243 232.

Dorset Wellbeing Network

A network of support providers located in and around Dorset, contact manager@dorsethouse.org.au
Availability: Quarterly

Women's Legal Service

Providing legal services and advice for women and female identifying people
Call their advice line on 1800 682 468
Availability: Fortnightly 9am - 1pm on Wednesdays

Yemaya Women's Support

Face-to-face and/or phone service for ALL women inclusive of religion, identity, ability, sexuality, social background or culture.

Yemaya Women's Support Service is not a crisis service.

IF YOU ARE IN DANGER - PLEASE CALL 000

Availability: Wednesdays Fortnightly

Call (03) 6334 0305

FREE Legal Advice

Visiting Lawyer

Dorset Community House
3 Cameron Street, Scottsdale

Do you have a legal issue?

10am to 1pm Thursday:

3rd July 2025

7th August 2025

4th September 2025

2nd October 2025

6th November 2025

4th December 2025

Call us to book a 45 minute appointment

Walk-in availability - if no appointments are booked the lawyer may be available to answer your questions.

For more information and to book an appointment please ring

6334 1577 or 1800 066 019



LAUNCESTON
COMMUNITY



LEGAL
CENTRE

Version Date: 16.06.2025



WHAT'S ON IN DORSET

FREE and LOW-COST activities for families with children,
from birth to 5 years of age



Mondays

9:15 am - 11:00 am

Bridport Primary



Launching into Learning

Ph: 6356 1226

10:00 am - 11:30 am

PlayConnect+

Email to register your interest:

admin@playgrouptas.org.au

10:30 am - 11:00 am

Rock and Rhyme

Scottsdale library



Ph: 6778 8586

11:00 am - 12:00 pm

Baby Chat Cafe

Dorset Community House

Scottsdale

Ph: 0474 100 219

1:30 pm - 2:30 pm

Ringarooma Primary

Launching into Learning

Ph: 6353 2271

Tuesdays

10:00 am - 12:00 pm

Jetsonville Playgroup

Jetsonville Hall

PLAYGROUP

TASMANIA

Message via Facebook:

Jetsonville Playgroup

Wednesdays

10:30 am - 12:00 pm

Polliwog Playgroup

Dorset Community House

Scottsdale

Ph: 0474 100 219



Thursdays

9:30 am - 11:30 am

Bridport Playgroup

Blue School

PLAYGROUP

TASMANIA

Message via Facebook:

Bridport Playgroup



10:30 am - 11:30 am

Move and Play Everyday

Building Blocks

Arthur St, Scottsdale

(Last Thursday of the month)

Ph: 0400 002 116



11:15 am - 12:15 pm

Scottsdale Primary

Mini Movers

Gross Motor

for 3 & 4 year olds



Fridays

9:00 am - 9:30 am

Scottsdale Primary

Story & Rhyme Time

in the Library



9:15 am - 10:45 am

Winnaleah District High

Launching into Learning

Ph: 6354 0222

9:30 am - 10:45 am

Scottsdale Primary

Play & Learn



CHILD and FAMILY LEARNING CENTRE

Community Outreach - Dorset

Did you know?

Child Health and Parenting Service (CHaPS) offer free child health & development checks for children 0-5 years, and parenting information call 1300 064 544

Our local CHaPS Nurses are

Maya Redman & Laura Bell



February 2025



raisingchildren.net.au
the Australian parenting website



is a great source of information.

great start

Great Start can support you to set your child up for life! Scan the QR code to explore free activities, play ideas, and find out about the amazing development happening as your child grows. Also find tips for connecting with help – if you need it.



I'm Dorset's Family Engagement Worker. I can support families to access early learning and support services in our community.

Phone or text Ruth:
0458 652 775



Useful Numbers

Dorset Based Support Services

Dorset Community House

- Mon-Fri 0474 100 219

Rural Alive and Well (RAW)

- Mon-Fri 1800 729 827

Better Health 4 Dorset

- Mon-Thurs 0448 393 203 (Bec)

Royal Flying Doctors Service Tasmania

- Mon-Fri 6391 0509

Food and Accommodation

- Salvation Army Financial Assistance 13 72 58
9am-5pm Monday -Friday
(Except Public Holidays)
- Housing Connect 1800 800 588
9am-5pm Mon-Fri (Except public holidays)
- Red Dirt Café - Nugget Sellers, Scottsdale
- 0408 635 230 (Karen) Wed & Thurs 1-4pm



Mental Health Support

Lifeline Tasmania lifeline.org.au

- 131114 (24 hour) & 1800 984 434 (8am-8pm, 7 days)

Mental Health Service Helpline

- 1800 332 388 (24 Hour support, 7 days)

Launceston Medicare Mental Health Centre / Head to Health

- 1800 424 578 Mon-Fri 9am-7:30pm, Sat & Sun 10am-2pm

Kids Helpline + Webchat Counselling

- 1800 551 800 (24 hr/ 7 days) <https://kidshelpline.com.au/>

Headspace Youth (Ages 12-25)

- 1800 650 890 (9am-1am, 7 days)

Standby - Support after suicide

- 1300 727 247 (24 hr/ 7 days)

Domestic & Family Violence Support

- 1800 737 732 (24 hr/ 7 days)

Beyond Blue Mental Health Support

- 1300 224 636 (24 hr/ 7 days)

Working it Out - LGBTQIA+ Support

- 03 62 311 200 (9am-5pm, Mon-Fri)

<https://www.workingitout.org.au/>

MensLine Australia

- 1300 789 978 (24 hours, 7 days a week)

Open Arms - Veteran & Family Counselling Services

- 1800 011 046 (24 hours, 7 days a week)

Dorset Community & Health Directory

Available At: <https://dorsethouse.org.au/dorset-suicide-prevention-network/>

MANAGERS SECTION

Throughout the last year, Dorset Community House has provided a safe and welcoming Centre to support, connect and empower the local community. The most significant thing we can offer is a friendly human face and a warm hello and cup of tea. Whatever people need, whether just somewhere to sit and someone to talk to for a little while or more targeted support and information or even just a chance to volunteer or buy some fresh, local produce everyone is welcome!

Over the past year we have supported 48 NILS loan applications, provided community transport for 196 trips (medical and social isolation), supported people in need with food 2,717 Times and sold fresh, local healthy produce 1,484 times. Our Polliwog Playgroup and Baby Chat group have been places of nurture and fun and one mother who was new to the area said to me 'the polliwog playgroup is the reason I feel so at home and supported since moving to Scottsdale'.



‘A Neighbourhood House is the heart and soul of its community. It’s a hub of volunteers, a hive of activity, community programs and connection... The Beautiful thing about the community houses and the Neighborhood House network is that they’re all different, but they’re all the same. They’re reflective of the volunteers and the community that they live and work in and spend time with. They reflect the needs of the local community.’ (David O’Byrne, 10th September, 2025).



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3 Cameron Street, Scottsdale, Tasmania 7260
Mailing Address: PO Box 155, Scottsdale, Tasmania 7260

Phone: 0474 100 219
Email: admin@dorsethouse.org.au

**This newsletter is produced with the assistance of
Jess Teesdale MP, Federal Member for Bass.**