



DEC/JAN NEWSLETTER

LOCAL PROGRAMS

MENTAL HEALTH WEEK

DORSET YOUTH & FAM FEST

TUESDAY JANUARY 28TH
11AM - 2PM

Learn To Skate Workshop
Hosted by Drop in Skate School (BYO Helmet)

- Activities • Music • Food
- Youth Workers • Stalls

BRIDPORT SKATE PARK

CONTACT
JACK - 0473 078 759 OR
DORSET HOUSE - 0474 100 219

**BRIGHT
DORSET
PRESENT**

YOUTH SILENT DISCO

**TUESDAY
FEB 3RD
3PM-5PM
AGES 12-17**

FREE EVENT!
MECHANIC'S HALL, SCOTSDALE
DRUG & ALCOHOL- FREE EVENT
MORE INFO - CALL/TEXT JACK
0473 078 759

Veggie SALES



THE GARDEN AND VEGGIE SALES

Potatoes - \$2 per 1 KG bag

Onions - \$2 per Bag

Swedes - \$2 per Bag

Carrots - \$2 per bag

Beetroot - \$2 per Bag

Other Assorted produce is priced as harvested.



HEART WALKING GROUPS

We are proud partners of the Dorset Heart Walking groups.

- Groups in Scottsdale include Scottsdale Strutters - Tuesday 9.30am, Hedley Street Carpark (Peter - 0419 119 608)
- Awesome Dorset Walkers - Thursday 9.30am, House Paddock Cafe (Mae - 0407 533 618)

For more information see the [Heart Walker Website](#) or ring us on 63522765.

Heart Walking Groups

LINE DANCING AT LEGERWOOD HALL



LINE DANCING AT LEGERWOOD HALL RETURNING IN 2026

Community Lending for Tasmanians

Call 1300 301 650



Essentials Loans

No Interest

No Fees

No Credit checks



Loans for essential items and services including:

- ▶ Car repairs
- ▶ New fridges
- ▶ Computers
- ▶ Medical and dental services

Useful Numbers - Dec 2025/Jan 2026

Dorset Based Support Services

Dorset Community House

- Mon-Fri 0474 100 219
Closed Dec 19th - Jan 4th

Rural Alive and Well (RAW)

- Mon-Fri 1800 729 827
Closed Dec 24th - Jan 1st

Better Health 4 Dorset

- Mon-Thurs 0448 393 203 (Bec)
Closed Dec 19th - Jan 4th

Royal Flying Doctors Service Tasmania

- Mon-Fri 6391 0509
Closed Dec 24th - Jan 1st

Food and Accommodation

- **Salvation Army Financial Assistance 13 72 58**
- **Salvation Army Case Manager**
At the Better Health For Dorset Hub, Scottsdale
Closed Dec 19th - Jan 20th
- **Housing Connect 1800 800 588**
- **Red Dirt Café - Nugget Sellers, Scottsdale**
0408 635 230 (Karen)
Thursdays 4.30pm - 6.30pm

Mental Health Support

Lifeline Tasmania lifeline.org.au

- **131114 (24 hour) & 1800 984 434** (8am-8pm, 7 days)

Mental Health Service Helpline

- **1800 332 388** (24 Hour support, 7 days)

Launceston Medicare Mental Health Centre / Head to Health

- **1800 424 578** Mon-Fri 9am-7:30pm, Sat & Sun 10am-2pm

Kids Helpline + Webchat Counselling

- **1800 551 800** (24 hr/ 7 days) <https://kidshelpline.com.au/>

Headspace Youth (Ages 12-25)

- **1800 650 890** (9am-1am, 7 days)

Standby - Support after suicide

- **1300 727 247** (24 hr/ 7 days)

Domestic & Family Violence Support

- **1800 737 732** (24 hr/ 7 days)

Beyond Blue Mental Health Support

- **1300 224 636** (24 hr/ 7 days)

Working it Out - LGBTQIA+ Support

- **03 62 311 200** (9am-5pm, Mon-Fri)
<https://www.workingitout.org.au/>

MensLine Australia

- **1300 789 978** (24 hours, 7 days a week)

Open Arms - Veteran & Family Counselling Services

- **1800 011 046** (24 hours, 7 days a week)



Dorset Community & Health Directory

Available At: <https://dorsethouse.org.au/dorset-suicide-prevention-network/>

DORSET COMMUNITY HOUSE SUMMER CLOSURE

FRIDAY 19TH DEC 2025 - SUNDAY 4TH JAN 2026

TRANSPORT CLOSED FROM DEC 19TH 2025 - JAN 4TH 2025



BRIGHT HEARTS

AFTER SCHOOL PROGRAM

FOR GIRLS IN GRADES 5, 6 & 7

MAKE FRIENDS, HAVE FUN, EAT
SNACKS AND LEARN NEW SKILLS

WITH A YOUTH WORKER

MONDAYS 3:15 - 4:15

OCT 27TH, NOV 10TH, 24TH, DEC 1ST & 8TH

DORSET COMMUNITY HOUSE
3 CAMERON STREET, SCOTTSDALE

CONTACT ZOE ON 0488 746 415



DORSET YOUNG LEADERS

3 PM - 4:30 PM TUESDAYS

OCTOBER 21ST - DECEMBER 2ND

DORSET COMMUNITY HOUSE
3 CAMERON STREET, SCOTTSDALE

AGES 12-18

SUPPORTED BY
YOUTH WORKERS

STAND UP AND MAKE A DIFFERENCE!

BECOME A DORSET YOUNG LEADER AND HELP BRING
POSITIVE CHANGE TO YOUR COMMUNITY

CONTACT
YOUTH@DORSETHOUSE.ORG.AU
0473 078 759



ACEN | Australia



BRIGHT Generation

RELAX AND
HANG OUT WITH
FRIENDS?

GOOD VIBES,
GAMES, SNACKS
NO PRESSURE
JUST FUN



OCTOBER 22ND - DECEMBER 10TH
2025

3pm-4.30pm Wednesdays



Dorset Community House
3 Cameron Street, Scottsdale

AGES
12-18



DORSET COMMUNITY HOUSE OUT AND ABOUT KITCHEN KREW

COOK GOOD FOOD, HAVE FUN AND HANG
OUT WITH YOUR FRIENDS

GRADE 7-10

WINNALEAH HALL

3:15PM - 5PM THURSDAYS

TERM 4 OF 2025

OCTOBER 23RD - DECEMBER 11TH

Bookings required for transport

CONTACT FIONA FOR INFO

youth@dorsethouse.org.au

0473 078 759



ACEN | Australia



PRODUCE SHARE

Got excess produce?

An abundance of apples? A zillion zucchinis? Cartons of Capsicum?

Come in and share it with the community.

**9am-4pm Weekdays
Dorset Community House**



FOR MORE INFO CONTACT 0474100219 OR
ADMIN@DORSETHOUSE.ORG.AU



MOVE & PLAY

a fun free active play session for busy kids 0-8 years

**SCOTTSDALE INDOOR ACTIVE
CENTRE**

THURSDAY 10.30-11.30AM

30TH OCT, 27TH NOV & 11TH DEC

ARTHUR ST, SCOTTSDALE

New families/carers always welcome
FREE SESSION
more info: Tanya 0400 002 116



GARDEN VOLUNTEERS **NEEDED**

Dorset Community House is looking for volunteers to join our team of gardeners in the community garden. As a volunteer you will grow fruit and vegetables for our community, learn about plant care and be part of seasonal projects.

New gardeners and experienced gardeners welcome!

*Great volunteer opportunity
for newly retired*

*Possible activities for home
school families*

For more information drop in to see
Mark at Dorset House, 3 Cameron Street
or phone us on 0474 100 219



SEED LIBRARY



Join The Team!



**2.30PM
EVERY 3RD THURSDAY OF
THE MONTH
DORSET COMMUNITY HOUSE**

Volunteers are needed to
help restock the seed
library, package seeds and
other tasks.

For more information call the House on
0474 100 219

DONATION GUIDE



Do

Dont



**Food
(Unopened)**



Clothes



**Money or
Gift Cards**



**Baby Safety
Items**



**Women, Baby
and Adult
Sanitary Items**



Plastic Lids



**New
Toiletries**



**Electrical
Appliances**



**New Mobile
Phones**



Medical Items

CALL 0474 100 219, DONATIONS 9AM-4PM ONLY



DRIVER VOLUNTEERS NEEDED

Dorset Community House is looking for volunteers to join a team of drivers for our community transport service. As a volunteer you will pick up community members and drive them to non-urgent medical appointments and social connection activities.

Requirements:

Over 25 years old
Full Driver's Licence

*Support the local
community!*

Meet new people

For more information drop in to see
Mark at Dorset House, 3 Cameron Street
or phone us on 0474 100 219



Dorset Carers Group

Come along and join us - a friendly confidential space
where you can talk and feel supported.



Find connections
and form
friendships



Learn about
community
services



Help for you to
take a break and
find connection



Share your
experiences and
gain practical
knowledge



Emotional and
educational
support



Meets first Tuesday
every month



Dorset
Neighborhood
House



12 - 1:30 p.m.



RSVP:
psg@care2serve.com.au

Eligibility - Must be registered with Carer Gateway



FOOD SUPPORT AND ASSISTANCE

FRESH FRUIT &
VEGETABLES

AVAILABLE TO THE WHOLE
COMMUNITY

**WEDNESDAY
FROM 1PM**

**AT DORSET COMMUNITY
HOUSE**

IN PARTNERSHIP WITH LOAVES AND FISHES TASMANIA

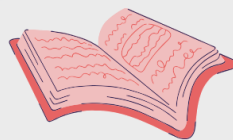
KIDS STREET LIBRARIES

Paint Dorset REaD

STREET LIBRARIES FOR KIDS
IN DORSET

Children's books
for you to take home,
read, swap, and share

For More Information
please contact:
pdr@fvnh.org.au



BRIDPORT

JETSONVILLE

SCOTTSDALE

WINNALEAH

GLADSTONE



Bridport

Bridport Primary School

Jetsonville

Jetsonville Hall

Scottsdale

Dorset Community House

Gladstone

Gladstone Hall

Winnaleah

Winnaleah Playground

Mondays

9:15 am - 11:00 am

Bridport Primary



Launching into Learning

Ph: 6356 1226

9:30 am - 11:00 am

PlayConnect+

Email to register your interest:

admin@playgrouptas.org.au

10:30 am - 11:00 am

Rock and Rhyme

Scottsdale library

Ph: 6778 8586



11:00 am - 12:00 pm

Baby Chat Cafe

Dorset Community House

Scottsdale

Ph: 0474 100 219



1:30 pm - 2:30 pm

Ringarooma Primary

Launching into Learning

Ph: 6353 2271



WHAT'S ON IN DORSET

FREE and LOW-COST activities for families with children,
from birth to 5 years of age

Tuesdays

10:00 am - 12:00 pm

Jetsonville Playgroup

Jetsonville Hall

PLAYGROUP

TASMANIA

Message via Facebook:

Jetsonville Playgroup

Wednesdays

10:30 am - 12:00 pm

Polliwog Playgroup

Dorset Community House

Scottsdale

Ph: 0474 100 219



Thursdays

9:30 am - 11:30 am

Bridport Playgroup

Blue School

PLAYGROUP

TASMANIA

Message via Facebook:

Bridport Playgroup

10:15 am - 10:45 am

Rock and Rhyme

Scottsdale library

Ph: 6778 8586



10:30 am - 11:30 am

Move and Play Everyday

Building Blocks

Arthur St, Scottsdale

(Last Thursday of the month)

Ph: 0400 002 116



11:15 am - 12:15 pm

Scottsdale Primary

Mini Movers

Pre Kinder



Fridays

9:15 am - 10:45 am

Scottsdale Primary

Launching into Learning



9:15 am - 10:45 am

Winnaleah District High

Launching into Learning

Ph: 6354 0222



Did you know?

Child Health and Parenting
Service (CHaPS) offer free child
health & development checks
for children 0-5 years, and
parenting information
call **1300 064 544**

Our local CHaPS Nurses are
Maya Redman & Laura Bell



May
2025



If you are concerned about the
safety and wellbeing of a child call:

STRONG FAMILIES SAFE KIDS

1800 000 123

raisingchildren.net.au
the Australian parenting website



is a great source
of information.

great
start

Great Start can support you to set your child
up for life! Scan the QR code to explore free
activities, play ideas, and find out about the
amazing development happening as your child
grows. Also find tips for connecting with help –
if you need it.



I'm Dorset's
Family Engagement Worker.
I can support families to access
early learning and support
services in our community.

Phone or text Ruth:

0458 652 775

CHILD and
FAMILY
LEARNING
CENTRE

Community Outreach - Dorset



VISITING PROVIDERS

Anglicare Financial Counselling

Providing counseling and information for debt, consumer rights and responsibilities, superannuation, bankruptcy, referral to legal aid, money management and budgeting.
Availability: At the House on the second Thursday of every month. Call 1800 243 232.

Dorset Wellbeing Network

A network of support providers located in and around Dorset, contact manager@dorsethouse.org.au
Availability: Quarterly

Women's Legal Service

Providing legal services and advice for women and female identifying people
Call their advice line on 1800 682 468
Availability: Fortnightly 9am - 1pm on Wednesdays

Yemaya Women's Support

Face-to-face and/or phone service for ALL women inclusive of religion, identity, ability, sexuality, social background or culture.

Yemaya Women's Support Service is not a crisis service.

IF YOU ARE IN DANGER - PLEASE CALL 000

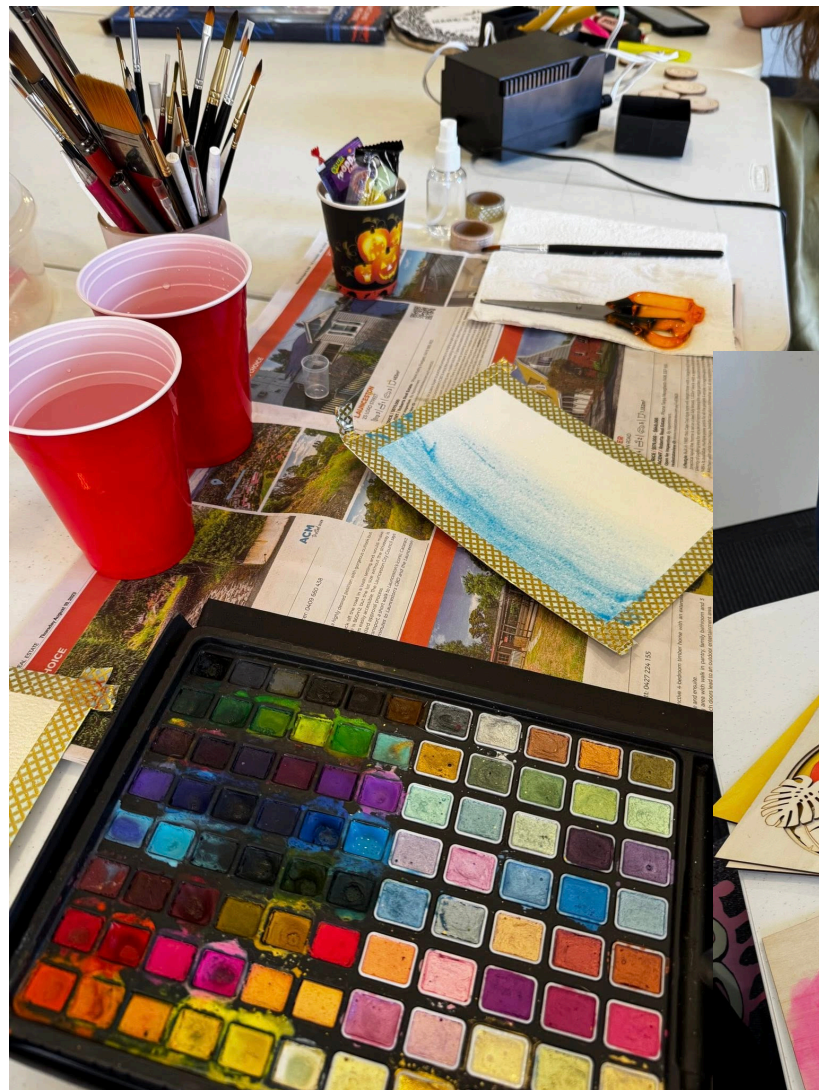
Availability: Wednesdays Fortnightly

Call (03) 6334 0305

MANAGERS SECTION

Spring is once again on its way, in spite of the fresh wind. The garden at the Community House is coming alive again and full of growing things; beans, corn, tomatoes and lots more. The tomato seedlings we have for sale have found new homes as fast as we can put them out for people. The past couple of months have seen some great regular programs at the House, the reinvigoration of programs that were on hold over the Winter and some great new programs that our community has been asking for.





The Senior's Week event was a wonderful opportunity to join together for a wonderful meal, some great conversations and celebration of our older community here in Dorset. We thank Mayor Beattie and The Honourable Tanya Rattray for attending. We also thank Pat Young, the Seventh Day Adventist Caterers and Dorset Council for their partnership in putting on the event. The community craft group has restarted at Dorset House after the colder weather and is very well attended, with a great time of chatting and craft each week.

The Gladstone and Pioneer Outreach on Wednesdays and Thursdays is very engaging, and Dorset House are looking for more ways to support these communities through local work and support. Some new groups that have started are the Youth Space Drop in 'Bright Generation' when youth workers open Dorset House on Wednesdays after school for young people to drop by for a chat or a milo or just to hang out with each other. There is also a new Young Women's program 'Bright Hearts' with craft and social connection. Please find more information about programs in our Newsletter or drop by to see what's on!





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**This newsletter is produced with the assistance of
Jess Teesdale MP, Federal Member for Bass.**