

Baptcare

Mental Health TasConnect

Creating pathways to mental wellbeing

What is Baptcare Mental Health TasConnect?

Do you or a loved one experience mental health concerns and find it difficult to get the right support? *Baptcare Mental Health TasConnect* is a Tasmania-wide phone line – offering you a gateway to a range of mental health support services. Our focus is to find you the right mental health support provider, and connect you with this service.

Baptcare Mental Health TasConnect is not a crisis support line. For urgent support, contact the Mental Health Helpline on 1800 332 388 or Lifeline on 13 11 14, or in an emergency contact 000.

Is the Baptcare Mental Health TasConnect for me?

Baptcare Mental Health TasConnect is for anyone wanting to know more about psychosocial support services available to people with mental health concerns. Anyone can call our phone service – including family members, friends, carers, and other support people.

How do I get in touch?

Simply phone 1800 290 666.

Baptcare Mental Health TasConnect is available during normal business hours – Monday to Friday 9am to 5pm (excluding public holidays).

Call
1800 290 666

Mental Health
TasConnect



Supported by Primary Health Tasmania under the Australian Government's Primary Health Networks Program.

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