



JUNE/JULY NEWSLETTER

PRODUCE SHARE

Got excess produce?

An abundance of apples? A zillion zucchinis? Cartons of Capsicum?

Come in and share it with the community.

**9am-4pm Weekdays
Dorset Community House**



FOR MORE INFO CONTACT 0474100219 OR
ADMIN@DORSETHOUSE.ORG.AU



You are invited



Paint Dorset READ Celebration

17th June

10-12pm

Jetsonville Playgroup
115 Muskfield Road, Jetsonville TAS

All welcome
RSVP Andrea by 10th June
pdr@funh.org.au or
M: 0417 504 785



Veggie SALES



THE GARDEN AND VEGGIE SALES

Potatoes - \$2 per 1 KG bag

Onions - \$2 per Bag

Swedes - \$2 per Bag

Carrots - \$2 per bag

Beetroot - \$2 per Bag

Other Assorted produce is priced as harvested.



HEART WALKING GROUPS

We are proud partners of the Dorset Heart Walking groups.

- Groups in Scottsdale include: Scottsdale Strutters - Tuesday 9.30am, Hedley Street Carpark (Peter - 0419 119 608)
- Awesome Dorset Walkers - Thursday 9.30am, House Paddock Cafe (Mae - 0407 533 618)

For more information see the [Heart Walker Website](#) or ring us on 63522765.

Heart Walking Groups



LINE DANCING AT LEDGERWOOD HALL



LINE DANCING AT LEDGERWOOD HALL

10am – 11am on Thursdays

Contact 0481 995 113 (Linda)

Community Lending for Tasmanians

Call 1300 301 650



Essentials Loans

No Interest

No Fees

No Credit checks



Loans for essential items and services including:

- ▶ Car repairs
- ▶ New fridges
- ▶ Computers
- ▶ Medical and dental services





2025 Dates



March 14th - Gladstone Pub

April 11th - Community Hub, Ringarooma

May 9th - Anabel's Thai Scottsdale

Jun 13th - Good Ride Cafe

Jul 11th - Lord's Hotel (Scottsdale)

Aug 15th - Bridport

Sept 12th - George Town - Senior's Menu

Oct 10th - Northbourne (Seniors Week)

Nov 14th - Northbourne Christmas

Call Pat Young to book: 0457 162 887

OUTREACH GLADSTONE & PIONEER

WEDNESDAY

Gladstone Town Hall
Wed 10am - 3pm
Except first Wed of Month
Pioneer Town Hall
First Wed of Month
10am - 3pm

- ✓ Support and information
- ✓ Events and Training
- ✓ Community Support
- ✓ No Interest Loans
- ✓ Connection to Services

THURSDAY

Gladstone Town Hall
Thurs 1pm - 2pm

- ✓ Fresh Fruit and Vegetables

LOOK FOR THE SIGN OUTSIDE

Contact Fiona (Tues - Thurs)
fiona@dorsethouse.org.au
0455 242 405

Contact Dorset House
0474 100 219



Updates on Facebook!



GARDEN VOLUNTEERS NEEDED

Dorset Community House is looking for volunteers to join our team of gardeners in the community garden. As a volunteer you will grow fruit and vegetables for our community, learn about plant care and be part of seasonal projects.

New gardeners and experienced gardeners welcome!

*Great volunteer opportunity
for newly retired*

*Possible activities for home
school families*

For more information drop in to see
Mark at Dorset House, 3 Cameron Street
or phone us on 0474 100 219



SEED LIBRARY Join The Team!

**2.30PM
EVERY 3RD THURSDAY OF
THE MONTH
DORSET COMMUNITY HOUSE**

Volunteers are needed to
help restock the seed
library, package seeds and
other tasks.

For more information call the House on
0474 100 219



POLLIWOG PLAYGROUP

WEDNESDAY
10:30 AM - 12:00 MIDDAY
DURING SCHOOL TERMS

AGES 0-5
FUN AND FREE PLAYGROUP FOR
EVERYONE. PLAY BASED, GAMES, CRAFT,
STORIES AND MORE!

0474 100 219
CALL US FOR MORE INFORMATION



DORSET COMMUNITY HOUSE
3 CAMERON STREET SCOTTSDALE



BABY CHAT CAFE DORSET

1000 DAYS OF CONNECTION



**Interested in meeting other
parents/carers?**

**Or hearing more about how you can
support your baby to thrive and grow?**

Babies under 2 years and their
parents/carers
Morning Tea Provided
Siblings Welcome

Dorset Community House,
Scottsdale

MONDAYS
May 5th - June 23rd
July 28th - Sept 15th
October 20th - December 1st

Dorset Community House
0474 100 219



PlayConnect+



Dorset

Would you like to join the fun & connect with parents & families in your community.

PlayConnect+ is open to all children aged 0-6 years who have a disability and/or developmental concerns & their families.

A formal diagnosis is not required.

For more information or to register your interest, contact
rebecca.hughes@playgrouptas.org.au or join our Facebook group.
<https://www.facebook.com/groups/815081073797289/>

Contact admin@playgrouptas.org.au
or 6331 6599 for more information



PLAYGROUP
TASMANIA



MOVE & PLAY

a fun free active play session for busy kids 0-8 years

**SCOTTSDALE INDOOR ACTIVE
CENTRE**

THURSDAY 10.30-11.30AM

29TH MAY
26TH JUNE

ARTHUR ST, SCOTTSDALE

New families/carers always welcome
FREE SESSION
more info: Tanya 0400 002 116



DORSET COMMUNITY HOUSE

OUT AND ABOUT KITCHEN KREW

COOK GOOD FOOD, HAVE FUN AND HANG
OUT WITH YOUR FRIENDS

GRADE 7-10

WINNALEAH HALL

3:15PM - 5PM THURSDAYS

TERM 3 OF 2025

JULY 31ST - SEPTEMBER 18TH

Bookings required for transport

CONTACT FOR INFO

youth@dorsethouse.org.au
0488 746 415



DORSET YOUNG LEADERS

3 PM - 4:30 PM TUESDAYS

JULY 29TH - SEPT 16TH

DORSET COMMUNITY HOUSE
3 CAMERON STREET, SCOTTSDALE

AGES 12-18

SUPPORTED BY
YOUTH WORKERS

STAND UP AND MAKE A DIFFERENCE!

BECOME A DORSET YOUNG LEADER AND HELP BRING
POSITIVE CHANGE TO YOUR COMMUNITY

CONTACT
ACTIVITIES@DORSETHOUSE.ORG.AU
0488 746 415
OR YOUTH@DORSETHOUSE.ORG.AU
0473 078 759



ACEN | Australia

TASMANIAN
COMMUNITY FUND
SUPPORTING IN AND TRANSFORMING
TASMANIAN COMMUNITIES

BRIGHT DORSET
PROJECT

Dorset
Community House

ACEN | Australia

TASMANIAN
COMMUNITY FUND

BRIGHT DORSET
PROJECT

Dorset
Community House

pp positive partnerships
Working together to support autistic school-aged students

1 Day Autism Workshop for Parents and Carers

Bridport, TAS



Scan the
QR code or
[click here](#)
to register

Free workshop



This workshop is for parents, full time
carers and grandparents.



Thursday
26 June, 2025
9:15am to 3:00pm



Bambougle
429 Waterhouse Road
BRIDPORT TAS 7262

Morning tea and a light lunch will be provided



Interpreters available upon request

For more information or to register visit:
www.positivepartnerships.com.au/PC
or jfeary@positivepartnerships.com.au

0477 574 746

Positive Partnerships is funded by the Australian Government Department of Education. The views expressed within this program do not necessarily represent the views of the Australian Government or the Australian Government Department of Education.

Start Smart
TASMANIA

and



are proud to present FREE two hour

SPEECH & LANGUAGE

Workshops

with local Speech Pathologist

Emily Graham

Content includes:

- Speech and language development - what is typical, why it matters and who is at risk
- Stuttering
- Early feeding skills

Practical tips to take home to
enhance speech and language skills
through play, books, music, and
everyday activities!



Session 1:
Monday 16th June, 2025, at 11am
@ Dorset Community House



Session 2:
Tuesday 24th June, 2025, at 6pm
@ Scottsdale Early Childhood Centre

For more information email
emily@startsmarttasmania.com.au or
phone 63 888 457



Session 3:
ONLINE! Monday 30th June, 2025, at 5.30pm



DONATION GUIDE

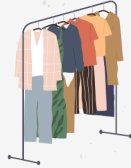


Do

Dont



Food
(Unopened)



Clothes



Money or
Gift Cards



Baby Safety
Items



Women, Baby
and Adult
Sanitary Items



Plastic Lids



New
Toiletries



Electrical
Appliances



New Mobile
Phones



Medical Items

CALL 0474 100 219, DONATIONS 9AM-4PM ONLY

FOOD SUPPORT AND ASSISTANCE

FRESH FRUIT &
VEGETABLES

AVAILABLE TO THE WHOLE
COMMUNITY

WEDNESDAY

FROM 1PM

**AT DORSET COMMUNITY
HOUSE**

IN PARTNERSHIP WITH LOAVES AND FISHES TASMANIA

Dorset Carers Group

Come along and join us - a friendly confidential space
where you can talk and feel supported.



Find connections
and form
friendships



Learn about
community
services



Help for you to
take a break and
find connection



Share your
experiences and
gain practical
knowledge



Emotional and
educational
support



Meets first Tuesday
every month



Dorset
Neighborhood
House



12 - 1:30 p.m.



RSVP:
psg@care2serve.com.au

Eligibility - Must be registered with Carer Gateway



DRIVER VOLUNTEERS NEEDED

Dorset Community House is looking for volunteers to
join a team of drivers for our community transport
service. As a volunteer you will pick up community
members and drive them to non-urgent medical
appointments and social connection activities.

Requirements:

Over 25 years old
Full Driver's Licence

Support the local
community!

Meet new people

For more information drop in to see
Mark at Dorset House, 3 Cameron Street
or phone us on 0474 100 219



Dorset Community
House

VISITING PROVIDERS

Anglicare Financial Counselling

Providing counselling and information for debt, consumer rights and responsibilities, superannuation, bankruptcy, referral to legal aid, money management and budgeting.

Availability: At the House on the second Thursday of every month.

Call 1800 243 232.

Women's Legal Service

Providing legal services and advice for women and female identifying people

Call their advice line on 1800 682 468

Availability: Weekly 9am - 1pm on Tuesdays

Yemaya Women's Support

Face-to-face and/or phone service for ALL women inclusive of religion, identity, ability, sexuality, social background or culture.

Yemaya Women's Support Service is not a crisis service.

IF YOU ARE IN DANGER - PLEASE CALL 000

Availability: Thursdays, Fortnightly

For Appointments Call 6334 0305

Launceston Community Legal Service

Visit Lawyer Service. Walk-Ins may be available.

Availability: First Thursday of each month

To make an appointment (45 min) Call 6334 1577 or 1800 066 019

Dorset Wellbeing Network

A network of support providers located in and around Dorset,
contact manager@dorsethouse.org.au

Availability: Quarterly

Wellways Information Session



**Learn about
Wellways and
what we can do
for you!**

Hi, I'm Yvonne! I work at Wellways in a dual role as both a Connect & Empower Worker and a Mental Health Recovery Worker. Come along this Friday (and other Fridays listed below) to learn more about Wellways and the Programs we offer. I look forward to meeting with you!

When and Where:

Dorset Neighbourhood House
3 Cameron Street, Scottsdale

RSVP and additional info:

10am - 3pm on the below Fridays:
June - 6th & 20th, July - 4th & 18th, August - 1st

wellways

wellways.org | 1300 111 400

WHAT'S ON IN DORSET

FREE and LOW-COST activities for families with children,
from birth to 5 years of age



Mondays

9:15 am - 11:00 am

Bridport Primary



Launching into Learning

Ph: 6356 1226

10:00 am - 11:30 am

PlayConnect+

Email to register your interest:

admin@playgrouptas.org.au

10:30 am - 11:00 am

Rock and Rhyme

Scottsdale library



Ph: 6778 8586

11:00 am - 12:00 pm

Baby Chat Cafe

Dorset Community House

Scottsdale

Ph: 0474 100 219

1:30 pm - 2:30 pm

Ringarooma Primary

Launching into Learning

Ph: 6353 2271

Tuesdays

10:00 am - 12:00 pm

Jetsonville Playgroup

Jetsonville Hall

PLAYGROUPTASMANIA

Message via Facebook:

Jetsonville Playgroup

Wednesdays

10:30 am - 12:00 pm

Polliwog Playgroup

Dorset Community House

Scottsdale

Ph: 0474 100 219



Thursdays

9:30 am - 11:30 am

Bridport Playgroup

Blue School

PLAYGROUPTASMANIA

Message via Facebook:

Bridport Playgroup



10:30 am - 11:30 am

Move and Play Everyday

Building Blocks

Arthur St, Scottsdale

(Last Thursday of the month)

Ph: 0400 002 116



11:15 am - 12:15 pm

Scottsdale Primary

Mini Movers

Gross Motor

for 3 & 4 year olds



Fridays

9:00 am - 9:30 am

Scottsdale Primary

Story & Rhyme Time

in the Library



9:15 am - 10:45 am

Winnaleah District High

Launching into Learning

Ph: 6354 0222

9:30 am - 10:45 am

Scottsdale Primary

Play & Learn



Did you know?

Child Health and Parenting Service (CHaPS) offer free child health & development checks for children 0-5 years, and parenting information call 1300 064 544

Our local CHaPS Nurses are

Maya Redman & Laura Bell



February
2025



I'm Dorset's

Family Engagement Worker.

I can support families to access early learning and support services in our community.

Community Outreach - Dorset

Phone or text Ruth:

0458 652 775



raisingchildren.net.au
the Australian parenting website



is a great source
of information.

great
start

Great Start can support you to set your child up for life! Scan the QR code to explore free activities, play ideas, and find out about the amazing development happening as your child grows. Also find tips for connecting with help - if you need it.



Tasmanian
Government

Useful Numbers

Dorset Based Support Services

Dorset Community House

- Mon-Fri 0474 100 219

Rural Alive and Well (RAW)

- Mon-Fri 1800 729 827

Better Health 4 Dorset Hub

- Mon-Thurs - 0447 307 213 (Lou) or 0448 393 203 (Bec)

Royal Flying Doctors Service Tasmania

- Mon-Fri from the 6th of Jan 03 6391 0509

Food and Accommodation

- Salvation Army Financial Assistance 13 72 58. 9am-5pm Monday -Friday (Except Public Holidays)
- Housing Connect 1800 800 588 9am-5pm Mon-Fri (Except public holidays)
- Red Dirt Café - Nugget Sellers, Scottsdale
- 0408 635 230 (Karen) Wed & Thur 1-4pm

Mental Health Support

Lifeline Tasmania lifeline.org.au

- 131114 (24 hour) & 1800 984 434 (8am-8pm, 7 days)

Mental Health Service Helpline

- 1800 332 388 (24 Hour support, 7 days)

Launceston Medicare Mental Health Centre / Head to Health

- 1800 424 578 Mon-Fri 9am-7:30pm, Sat & Sun 10am-2pm

Kids Helpline + Webchat Counselling

- 1800 551 800 (24 hr/ 7 days) <https://kidshelpline.com.au/>

Headspace Youth (Ages 12-25)

- 1800 650 890 (9am-1am, 7 days)

Standby - Support after suicide

- 1300 727 247 (24 hr/ 7 days)

Domestic & Family Violence Support

- 1800 737 732 (24 hr/ 7 days)

Beyond Blue Mental Health Support

- 1300 224 636 (24 hr/ 7 days)

Working it Out - LGBTQIA+ Support

- 03 62 311 200 (9am-5pm, Mon-Fri)

<https://www.workingitout.org.au/>

MensLine Australia

- 1300 789 978 (24 hours, 7 days a week)

Open Arms - Veteran & Family Counselling Services

- 1800 011 046 (24 hours, 7 days a week)



Dorset Community & Health Directory

Available At: <https://dorsethouse.org.au/dorset-suicide-prevention-network/>

MANAGERS SECTION

Dorset Community House would like to introduce the Dorset Young Leaders! This amazing group of local young people have nominated to serve our community through a youth committee. The goal of the committee is local positive change and youth voice in decision making. Although it is a recently formed group, the young people are passionate about the local area and have already planned and hosted a Youth Week Movie Event, supported the Neighbourhood BBQ and prepared monthly news articles for the Advertiser Newspaper in partnership with Rachel Williams. The young leaders are now working on mental health resources together with CORES to support their peers and increase wellbeing in Dorset.





For younger children, Catherine read the 2025 Simultaneous Storytime book 'The Truck Cat' to Polliwog Playgroup. Andrea and the 'Book Book' bird from Paint Dorset Read brought even more colour and excitement to the event. We look forward to enjoying the new book tubs and street libraries that will be popping up all around our community through the PDR project. Please stop by Dorset House to collect, swap or donate some books for children to read with their families. The Dorset Young Leaders are even working on a map to help you find all the places where these street libraries will be located.



Neighbourhood House Week 2025 was celebrated across Australia in May, and in Dorset we celebrated the House and our community with Open House Tours, a Neighbourhood BBQ and a Polliwog Playgroup Party. We would especially like to thank our catering volunteers for preparing delicious cupcakes and all the Dorset councillors who attended our Neighbourhood BBQ. And of course we want to thank the Dorset Young Leaders for their assistance with the BBQ. The theme of the 2025 Youth Week Event was 'Courage, Stepping Out of Your Comfort Zone', and that exactly what the Dorset Young Leaders have been doing!

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3 Cameron Street, Scottsdale, Tasmania 7260
Mailing Address: PO Box 155, Scottsdale, Tasmania 7260

Phone: 0474 100 219
Email: admin@dorsethouse.org.au

**This newsletter is produced with the assistance of
Jess Teesdale MP, Federal Member for Bass.**